



# REGENCY PARK

## SENIOR LIVING COMMUNITY

**Job Title:** Caregiver

**Reports To:** Director of Resident Services/Lead Medication Technician

**Job Summary:**

The Caregiver provides compassionate and supportive care to residents in an assisted living facility. This role involves assisting residents with daily living activities, providing personal care, and ensuring their comfort, safety, and overall well-being. The Caregiver works closely with other healthcare professionals and facility staff to deliver high-quality care and enhance residents' quality of life.

**Key Responsibilities:**

**1. Personal Care:**

- Assist residents with activities of daily living (ADLs), including bathing, dressing, grooming, toileting, and eating.
- Provide mobility support, including transferring residents from beds to wheelchairs and assisting with walking or repositioning.
- Monitor and assist with medication reminders and administration as directed by healthcare staff.
- Complete resident laundry assignment as outlined or directed

**2. Resident Support:**

- Build positive relationships with residents, offering emotional support and companionship.
- Engage residents in conversations, activities, and recreational opportunities to promote mental and emotional well-being.
- Address and respond to residents' needs and requests promptly and empathetically.

3. **Health and Safety:**
  - Observe and report any changes in residents' physical or emotional condition to nursing staff or supervisors.
  - Follow all health and safety protocols to ensure a clean and safe living environment for residents.
  - Assist with infection control practices, including proper hand hygiene and sanitation procedures.
4. **Documentation:**
  - Maintain accurate and detailed records of resident care, including daily observations, incidents, and any changes in condition.
  - Complete required documentation and reports according to facility policies and regulatory requirements.
5. **Assistance with Activities:**
  - Support residents in participating in scheduled activities and social events, ensuring their engagement and enjoyment.
  - Assist with transportation to and from activities, appointments, and outings as needed.
6. **Collaboration and Communication:**
  - Work closely with nursing staff, management, and other caregivers to ensure coordinated and comprehensive care for residents.
  - Communicate effectively with residents, families, and staff, providing updates and addressing any concerns or questions.
7. **Emergency Response:**
  - Respond promptly and appropriately to any medical emergencies or incidents involving residents.
  - Follow emergency procedures and protocols to ensure residents' safety and well-being.
8. **Training and Development:**
  - Participate in ongoing training and professional development to stay current with best practices in caregiving and resident care.
  - Implement new skills and knowledge to enhance the quality of care provided to residents.

### **Qualifications:**

- High school diploma or equivalent; certification in caregiving or a related field is preferred.
- Previous experience in a caregiving role, particularly in assisted living or long-term care setting, is highly desirable.
- Compassionate and patient-centered approach to providing care and support.
- Strong interpersonal and communication skills, with the ability to work effectively with residents, families, and team members.

- Basic understanding of health and safety regulations and infection control practices.
- Ability to perform physical tasks, including lifting and assisting with mobility.
- Reliable, organized, and able to manage multiple tasks in a fast-paced environment.

**Physical Demands:**

- Ability to stand, walk, bend and squat for prolonged periods. Ability to push and pull objects and lift and carry up to 50 pounds, unassisted on a frequent basis. Full use of hands, arms, and legs (for bathing, cleaning, writing, and dressing, etc.) Flexibility to workdays, weekends, holidays, and evenings as required.

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Print Name

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Date

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Signature